

A warm welcome to our 2019 Newsletter.

2019 was a very good and busy year for all at Dunheved Lodge. We sadly, said goodbye to Raj who had been with us for many years. I am happy to report that he is well and sends his regards to all. We were pleased to promote Sunita as our Deputy Manager and Marylina and Michelle as the Home's Seniors. The trio, together with all our Staff, are doing an excellent job and in this newsletter they share a bit of what our Service Users have been up to in 2019. In this Newsletter, you will miss Roseler who is recovering from illness and has been transferred to a specialised care home. We send her all our best wishes and hope she will be able to join us for our Christmas party.

We wish you all a good reading and a merry Christmas!

(Cass - Manager)

WE ARE "GOOD"



| Dunheved Lodge Good | | | | |
|--------------------------------------|--------------------|---------|-------------------|---------|
| Overview | Inspection Summary | Reports | Registration Info | Contact |
| Overview and CQC Inspections | | | | |
| Overall Good | Safe | Good | ● | |
| | Effective | Good | ● | |
| | Caring | Good | ● | |
| | Responsive | Good | ● | |
| | Well-led | Good | ● | |
| Read overall summary | | | | |

Dunheved Lodge has received five "Good" ratings from CQC. Well done to all Staff who worked tirelessly to provide the best possible service.

OUT AND ABOUT!



Dunheved Lodge arranged several outings for our Service Users this year. They visited **Woodcote Green Garden Centre** and were delighted to see all different types of beautiful flowers and vibrant plants. They also appreciated the different kinds of fish at **Woodcote Green's Mini Aquarium** and later enjoyed a McDonalds meal.

During the summer, Service Users went to **Chessington World of Adventures**. They tried some of the rides such as "Zufari" ride and saw some animals such as giraffes, flamingos, rhinos and Oryx. They also enjoyed the merry-go-round.

Richard and Jason were accompanied by Staff to ride the "Tiger Rock" boat and were splashed by water.



Everyone had a great time visiting Chessington Park and were sad to leave in the evening.

Service Users enjoy going to **Croydon Library** every other Saturday to take part in the "Film Club" where they watch different genres of movies. They have also gone to **parks, museums and cafes**.

They are all looking forward to another year of exciting outings and activities.

(Camille)



GARDENING



Service Users can do more. That is gardening! Last summer, they all, with the help of Staff, decided to grow vegetables and flowers. One sunny day, we all went to clean, dug the soil and plant the seeds. Just a month after, it all began to sprout out of the soil and grow. The Service Users were always watering the garden and wondering when the plants would bear vegetables and flowers. Finally, some plants blossomed and the Service Users were delighted. Days later, we had beautiful

flowers and also vegetables in our garden.

They were so happy and excited to collect potatoes, carrots and tomatoes for supper from our own garden.

Harvest day was a happy day! (Ajay)



HOLIDAY 2019



Going on holiday is an exciting time for our Service Users.

Two groups went to Crowhurst Park Lodges in Battle on different dates. They visited the Battle of Abbey and walked around the town centre looking for souvenirs. Whilst in Battle, they spent days in Hasting and Eastbourne where they enjoyed the food, the amusements, the good weather and the beautiful scenery by the sea side. Ask Staff if you would like to see more of our holiday pictures. (Jeanna)



BIRTHDAYS

Birthdays are special occasions that we celebrate with family and friends.

Our Service Users celebrate their birthdays with a party and dinner enjoyed by all. The cutting of the cake, the blowing off candles and the opening of gifts fill the Service Users with delight.

This year, Jason celebrated his 30th birthday. He was overjoyed to see his mother on his birthday.

Long live and good health to all Service Users and we look forward to celebrating many more birthdays in the years to come. (Deborah)

